

Progress Pulse

Message by Mr. Shibu George, CEO (Interim)

Dear Readers,

I wish to extend my warm wishes for a promising year ahead.



I'm certain our inner strength is building day by day. We are together as a team in challenges, for doing what is right and for reforming towards progress. It takes great courage and determination to grow and become a reliable organization that serves the underprivileged. Our inspiration transforms lives and helps in restoring confidence in hard situations. The past year is history, the greater things what we achieved will follow in a way that serves the world.

My sincere gratitude for your unwavering support for driving towards GLRA's success.

Wishing you all a wonderful year 2025!

All India Public Relations Conference



GLRA India participated in the AIPR Conference on National Values: International Competencies- Role of PR held in Raipur, Chhattisgarh, from 20th to 22nd December 2024 on global PR practices, latest media trends, and a major focus on AI in today's era.

Awareness Sessions for Youths 100-Day TB Elimination Campaign



Part of project "It's a FIGtBACK - TB Elimination Programme 2024-2025" supported by Artemis Hospital, three youth awareness sessions were conducted in Gurugram at SGM Paper Products, Vijay Sewing Centre, and Govt. Senior Secondary School, Manesar, engaged 83 participants, sensitize them on TB prevention, the importance of early detection and free treatment availability. Young women at Vijay Sewing Center were specifically educated on TB symptoms, WASH practices and encouraged to share the information within their communities. Active involvement of youth in combating TB, emphasizing their role in eliminating TB from their homes and communities.

Health Camp - Enhancing TB case detection Gurugram, Haryana

Project Nai DISHA hosted a Mega Health Camp on December 20, 2024, at Chaupal, Naharpur, Gurugram, offering healthcare screening services such TB testing, diabetes checkup, eye examination, and dental consultations to 293 participants.



This camp was organized as part of the ongoing "Road to End TB" project supported by DB Schenker India.

The district TB officer Dr. Keshav Sharma, acknowledged GLRA's efforts in supporting National TB elimination Program, emphasizing the importance of early detection and initiation of TB treatment for truckers is a vital step forward.

ILEP India CEO's Meeting, Hyderabad



The ILEP India CEOs met at Hyderabad on the 12th of December 2024 and reviewed the impact of ILEP's activities, budget utilization, and challenges while planning for 2025.

Discussions highlighted progress on the status of State Strategic Plans, the mapping of 207 leprosy-focused NGOs, and the need for capacity-building to align with program standards.

Advocacy efforts for scaling up Post-Exposure Prophylaxis (PEP), ensuring Multi-Drug Therapy (MDT) availability, and addressing the need to repeal the discriminatory laws were the key discussion points. The meeting also emphasized enhancing external support, including improved collaboration with stakeholders and leveraging resources for sustainable impact. ILEP India's 2025 action plan aims to address these challenges comprehensively, strengthening ILEP's role in advancing leprosy prevention and care initiatives, hence, zero leprosy.

Building Awareness: A Session for Adolescent Girls



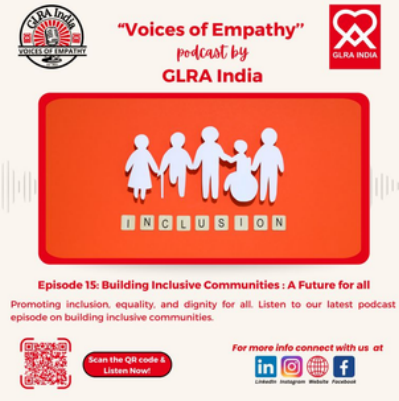
Menstrual hygiene is a vital yet often overlooked aspect of health. Limited access to clean water and sanitation facilities poses significant challenges, leading to poor hygiene, infections, and social stigma. Adolescent girls and women find difficulties due to inadequate menstrual hygiene practices that can cause discomfort, absenteeism, and hinder academic performance, perpetuating gender inequalities.

GLRA India's Project Resilient and Healthy communities in Agra oriented 1500 school going girls on Personal Hygiene during menstruation. The focus was on breaking taboos and promoting awareness on the KAPs on menstrual hygiene to improve their health and self-confidence. Menstrual hygiene is not just a health necessity—it is a step toward dignity, equality, and better quality of life and for a step ahead, the project has distributed Dignity Kits to the participants. Besides constructing accessible toilets with water facilities in 5 schools, the project has also installed Sanitary Pad Vending Machines to ensure easy access, promote hygiene, reduce absenteeism, break stigma, and empower girls for education.

Yes, we are hiring!

GLRA India is hiring an Admin Executive and Assistant Communication Officer in Delhi, who will work closely with the Head Admin and Manager Communication and PR. Interested candidates can send their resume to ho@glraindia.org. Don't miss the deadline i.e. 15th January 2025, apply now.

“Voices of Empathy”



The fifteenth episode of "Voices of Empathy" is majorly focuses on “Building Inclusive Communities: A Future for all” . Scan the QR Code and listen to our latest episode.

Connecting Communities - Sri Vignesh Vidyalaya and Sagayamatha Hospital, Tamil Nadu

Teachers from Sri Vignesh Vidyalaya Senior Secondary School Trichy, Tamil Nadu, dedicated their Christmas day at Sagayamatha Hospital in Pullampadi by spending a day with a group of people affected by leprosy. This heartfelt act embodies the powerful message that no one should be left behind, rekindling hope in our world. Organized by GLRA India, the event emphasizes our shared responsibility to connect and combat discrimination against those in need. We express our sincere gratitude to Sri Vignesh Vidyalaya and Sagayamatha Hospital for their inspiring contributions.



Traditional Healers – Part of Leprosy Eradication, Madhya Pradesh



Leprosy remains a public health challenge for decades in many countries and India reported 56% of globally reported new cases. The national and state governments have been upfront in enhancing disease control measures through several approaches including the National Strategic Plan. It's the time for all to contribute to the efforts made by the National Leprosy Eradication Program and GLRA has taken up the initiative for involving the Traditional Healers in leprosy case detection as they play a vital role in first-hand care points in rural communities. GLRA India's project NIRAMAYA III has sensitized a batch of 20 traditional healers in Barwani district who in return refer people with suspected skin patches to the nearest health facilities. This initiative will also enhance mobilization of voluntary reporting of new cases from the community.

Uniting for Health: 100 Day TB MukT Initiative, Mumbai



The 100-day TB elimination campaign has been started at the GLRA RF and ATF Health Care Centre in Mumbai from 16th December 2024. The campaign covers the truck parking areas and adjacent slums in Vashi, Navi Mumbai by initiating community outreach activities such as active case finding, awareness sessions, TB presumptive referral and to initiate TB treatment from the nearest government health facility. The campaign will continue its efforts for a TB free India.

Your well-being matters!

We are living in an era of stress, therefore our health, families, and communities face many challenges. The current decade often witnesses environmental changes, pandemics, and disasters, reminding us of the importance of adopting inclusive lifestyles where our personal and professional life move parallel. Yoga and mindful practices can play a transforming role in maintaining mental and physical health. Regular physical activity, a nutritional diet, staying hydrated, and adequate rest are essential to promote good health. At the same time, one should continue to support and uplift one another, bringing a culture of sharing and a place with mutual respect. Being there for someone in need can make a difference - a small act of kindness ensures their well-being too! Wishing you and your families a joyful and healthy NEW YEAR.

-Ms. Uma Kannan (Head Administration)